Stude	nt's Name: Date://
	1
Job	Keeping Skills: Lesson One
1.	Welcome to lesson one in the Job Keeping Skills module. During this session, we will
	discuss five principles to help job seekers and their jobs. These principles are the foundation for and (slide 2)
	These principles are the foundation for and (since 2)
2.	This module introduces basic skills, as well as essential skills
	that workforce professionals can offer as advice while working with customers in various
	programs. This will require workforce professionals, like yourself, to
	to where your customers are in the career building process and help customers continue to build and (slide 2)
	customers continue to build and (since 2)
	Principle One: Job Keeping
3.	As a workforce professional, you will work with a variety of customers. Some individuals
	will have worked their whole lives and may have lost a long-term job during the
	economic downturn. While others will have never worked before or have jumped from
	job to job. Regardless, once our job seeker customers have been a job,
	we have to help them get to go to work. Principle
	requires workforce professionals to help job seekers to start working.
	After all, the towards advancement is to
	work. (slide 3)
4.	So, how can we help customers to go to work? Let's take Anny for
٦.	example. Anny secures a job as a Unit Clerk at a local hospital. During her job search,
	she took on each employer she She also took notes after
	each interview. She collected information on what services and goods each employer
	offers, as well as what the employer values. Anny's first step is to her
	on her new employer. This will be a good refresher on the employer's
	values and work place expectations. Anny may have learned a lot of information during
	the, including what to wear, work hours, and who she would report to. If

Anny learned this information during the ______, she should review those

If	Anny did not learn thi	s information during	g the interview, she v	vill have
to determine who	t details are needed fo	or her	day of work. (slide 4)	I
	do you think may	be important for	Anny's	_ day of
work? (slide 5)				
How abou	t, what should Anny _	to work	:? (slide 5)	
	ould Anny			
	y know how get in the building? (sli		et to her new job, as	s well as
	/ knowt	•	rst day of work?	
	will Anny wo		st day of work:	
	need to take any	•	n a notehook nen or	r naner?
	she will learn a lot of			
	even have to attend a		_	
	idea. (slide 5)	Toricitation. Taking	s a notebook and per	n would
6. Let's tackle each	one of these elements.	(slide 6) <i>Clothing</i> -		
 Job seeke 	rs should plan what	they wil	I wear on their	130
	f work th			
the	minute could o	reate a lot of proble	ems. (slide 6)	
The outfit	should be	out in	The outfit	
should be	clean and pressed t	o demonstrate	and	The state of
	(slide 6)		y ====,	All Services
	will require the job s		-	
and, the o	ress requirements for	the m	ay be very different t	than the
dress req	uirements of the job.	For example, whe	n Anny was offered	the job,
	old that she will attend			
what to	wear, she asked the			
			"dress comfortably.	
	nore about your requi		" Wh	iat does
Anny wea	r to her first day at wo	rk? (slide 6)		
	What Does	Thís Mean?		
nny should be prepared to dres		swell ac	ox what ic an	evally called
ung snouta be prepared to ares Isiness casual. Anny <u>should</u>				<u> </u>
e interview, Anny should mak				
e interview, Anny shouta mar ear a lot of make-up,				
uny should dress up rather the				

7.	In this situation, Anny asked to get the information she needed. Ou job seekers need to be to ask questions when they are the job. Workshops and counseling can help job seekers learn when
	to ask questions and what questions are during the job
	she may have purchased clothes for work that were appropriate. Additionally she may have reported to her unit instead of to the orientation, and would not have been dressed appropriately for the orientation. (slide 8)
8.	What happens if the job requires a but the customer has not been given the information about what to wear the first day of work? (slide 9)
	 Let's take Anny for example again. Let's say she was offered the job, and she was so excited, she did not think to ask any She wa and felt that asking questions would show she was no
	prepared for work. She calls you and states she got the job. First, you her because you are excited for her as well. While you are
	talking with her, you ask, "So what do you have to wear on your first day o work?" Anny stumbles for a minute. "Well, I guess I'll wear scrubs." You are concerned because she used the word "" You ask Anny if the hiring manager told her what to wear on her first day, and Anny states that the hiring manager didtell her what to wear. What do you do? (slide 9)
9.	Hiring managers and employers to get questions from new employees
	It is better to be than to Anny should
	a list of questions in advance. You may have to Annidentify and draft the types of questions she should ask. (slide 10)
	 Anny has a few options: one of those options would be to call the individual who
	interviewed her to find out if there is a dress for the
	day at work. If the information regarding her ongoing dres
	is available, the employer may simply tell her what to get and
	where to get it. (slide 10)
10.	Once customers are on the job, they will have a better idea of employer about work attire. Customers should be to look fo
	mentors that are doing well on the job and garner a lot of fron
	managers. Our customers should pay attention to what those mentors wear to work

Regardless, our customers should ensure their clothes the requirements outlined by the employer in the employee (slide 11) • Let's take Anny for example again. After her first week of work, she realizes that a lot of the clerks and nurses wear fun scrubs that add bright colors to the Pediatric Intensive Care Unit. After her first pay check, she decides to purchase her next set of scrubs that also add a bit of fun to her wardrobe. When checking out, the uniform store clerk asks if she would like red socks to match her new scrubs. Anny states that her requires she wear white socks, so she the offer. (slide 11)
11. Next, our customers should be prepared to to their new jobs. This may require our job seekers to conduct a run so they can navigate traffic or bus lines during the time of day. For example, if Anny is to report to work on Monday at 8:00 a.m., encourage Anny to wake up one weekday morning and try to get the job by 7:45 a.m. This will allow Anny to see how long takes to travel from home to work on Monday. Anny must be prepared to leave early enough to arrive at work and troubleshoot any potential problems. This means she has to be ! (slide 12)
12. As workforce professionals, we have to work with our customers to think through the minor details the first day of work. These minor details can become a when our customers are preparing to start their new job. (slide 13) • For example, if Anny wakes up in the morning and gets ready for work and realizes she does not have lunch, a notebook or a pen, she may feel overwhelmed. Stopping at the store will make her 30 minutes, setting a bad Our customers should make sure that they have all supplies ready for their first day of work their day of work. (slide 13)
13. Often times, the first day on the job is used take care of important Human Resource functions. If customers did not meet with Human Resources prior to their first day of work, they will probably have to provide a copy of their identification and security, proving that they can in the United States. Customers who are not citizens

	on the first day of work. (slide 13)
14.	If customers will take their lunch or dinner to work, depending on their shift, the meal should be prepared in so that it can be eaten during the customer's lunch or dinner break. (slide 14)
15.	Our customers will learn a lot of information in their first weeks on the job. They should arrive to work prepared to Unless it is inappropriate, customers should take with them a notebook and pen. (slide 15)
16.	Customers with children must be prepared to work their shift. (slide 16)
	 This will require parents to make sure that their arrangements are secured in (slide 16) Children will need to be dropped off or picked up with enough
	for the parents to to work. (slide 16)
	Parents should plan for travel time their workplace and the day care facilities. Employers do not want employees arriving or leaving because of childcare issues. In fact, arriving late and/or leaving early because of childcare issues are among the top ten reasons that lead to employee Therefore, customers with children need to ensure that childcare is secured the first day of work. (slide 16)
17.	Childcare is very, especially for young children. During summer breaks, school-aged children may need full-time care. Working customers should not wait until the last minute to make sure they will have care for children during the break. Parents must make arrangements for childcare well in
	advance. (slide 17)
	 Several programs may be able to help paying for some of the costs associated with childcare. For example, the regional workforce board may opt to pay some childcare costs through the Workforce Act
	(WIA) program as a support service if the customer is both and
	in the WIA program. (slide 17)
	Customers who are receiving temporary cash assistance and participating in the
	Welfare program may also be able to receive a childcare referral
	through the program to offset some of the costs of childcare. (slide 17)

but are authorized to work in the United States will have to take appropriate documents

• If parents are not eligible to receive childcare through the WIA or Welfare Transition program, they may have to find an alternative arrangement. As the workforce professional, it is important for you know what programs are available in the community that may help parents pay part of their childcare costs to encourage employment and advancement in the workplace. (slide 17)

Principle Two: Job Keeping

18.	Principle two, cust	omers must be	. "	" at	work.	This me	eans that
	customers have to s	show up to work					
19.	It is not enough fore	customers to be ach day they are			<i>,</i> they	must be	ready to
20.	Helping custo	eekers to refrai work. Custome such as a car pro omers walk throu ld mean the diffe	n from calling rs should hav blems or child il ugh various	in sick we a bac Ilnesses. (s	hen the k-up pl slide 18) _ and ac nd job s	y are no an in th tion plans	ot sick or ne event s for each
21.	Principle three is "L work with our custo Have you ever wo being done will impact how advancing. (slide 19	omers on maintanted with som garound them? and th	aining a positiveone that has Did they get all	e a of their w	ork done	?" Think attitude? e? Was t de toward	about it. Did you heir work ds the job
	actanioning. (Sinde 13	1					

22.	After all, plays a huge role in "" It is natural for individuals to become bored at work or even so busy they are overwhelmed. It is natural for individuals to want more. It is also natural for individuals to have issues that seem frustrating or to become "stressed out." This happens to (slide 19)
23.	 What we do with that energy our success. (slide 20) If our customers get, customers should be encouraged to speak up and take on new (slide 20) If customers are having trouble managing various projects, they should work with managers to their work, offering customers an opportunity to work closely with supervisors. (slide 20)
24.	Attitude is very important. A person can only climb as high as his or her attitude will allow. Keeping a positive attitude will help our customers up the career While a attitude will prevent them from succeeding and may lead to termination. (slide 20)
25.	Even if our customers are having a hard time, them to refrain from Remember, there is a difference between a concern and complaining. If your customer has a valid concern that needs to be addressed, your customer may need to be to report that concern according to the employee handbook or guidelines outlined in law. For frustrations that do not rise to the level of a formal complaint, customers should establish social networks where they can discuss issues without bringing negativity into their workplaces. You, the workforce professional, may have to work with customers to establish action plans, which will help them issues and problems without Empower your customers to issues and become workplace (slide 21)

How Can I Help My Customers Maintain A Positive Attitude?

Remember, many of our customer	rs will be leaving i	long-term unemployment.	If former job seekers see
a large number of	_ standing betwee	en them and their first day	of work, they may give
up or become mired in negativity.	S0, our	_ step is to help our custon	nersto
íssues. We can he	elp our customers ₋	actíons plans	to manage barriers to
SUCCESS.			
26 For example Apply is ve	erv excited about	her new job. She starts he	er.
ready for work when sh not have a to do and becomes	ng well for her. one realizes that should be a should	ner new Job. She starts not one morning, she is getting the has a flat tire. Anny doe She does not know who instead of dealing with the boss and states she cannot be she she cannot be she cannot	ng es at ne
 do we help Anny create The regional wo secured employn This is a great resources, counse Customers can we event of a 	n, she could have a plan to	still gotten to work and fixe issues? (slide 23) ay offer workshops for custome prepare for jobs. (slide 23) custome portunities. (slide 23) gency that the	ed her car. So, how stomers who have ers to community hey can use in the
managing	with a d	difficult customer or mana evitable. (slide 23)	

- 28. For example, Anny announces to you that she secured a job as a Unit Clerk in the Pediatric Intensive Care Unit. You are excited to hear about her new job opportunity and tell her that planning ahead is the key to success. You tell her that if she plans for emergencies or problems now, she can tackle them with a positive attitude and avoid becoming overwhelmed.
 - You invite her to come to a workshop where she is provided a journal created locally to address common issues. Inside this book is a wealth of community resources that she can use.
 - The first few pages list common phone numbers, such as United Way and Community Action Agency. In the second chapter of the journal lists "common issues" that keep customers from moving forward. Each page has space for an action plan.

Your Name: <u>Auuy</u>	Today's Date:
is the first step in climbing the career la a better job with better pay down the r resources. Use these numbers to conta page is a budget. Make sure that you fil money. Finally, this journal has several	are one step closer to reaching your career goals. Getting a job adder. Our goal is to help you stay employed so that you can get road. Below are common phone numbers for community act our partners: do not be afraid to ask for help. On the next II out the budget to help you plan how you will spend your scenarios that happen to everyone: like, what do you do if you se out action plans that you can implement in the event of an to help you become more successful!
Emergency: 911	
United Way:	
Community Action Agency:	

• On page 10, it asks, "What would you do if you had a flat tire?" The instructor works with Anny to write out her steps. First, she states that she will call her boss and let her boss know that she has a flat tire.

• It has a space for Anny to write in her supervisor's name and phone number. She states to her boss, I will make sure that I get to the office right away. She indicates that she does not have a spare tire, but she knows several people that could take her to the office.

<u>v</u>	Vhat will you do if you get	a flat tire?	
1	. First do you have a spar	e tire? 🗖 Yes 🗖 No	
If	you have a spare tire, yo	ur plan is as follows:	
	a. Call your boss.	Supervisor's Name:	Number:
	***************************************		are changing your tire to get to work as soo now fast you think you get to the office.
		-	dress clothes. Put on clothes that may get can you call to come and help you?
	Name:	Number:	
•	calls the local taxi from work until she Because Anny has she has decided the make sure she is no	company to find out how e could get her tire fixed. a plan, she is ready to f hat she will buy a spare	face those tough issues. Additionally tire with her first pay check just took and a hard place" later on.
as we the r	e would like for this reality is that we	often have to	with their As much duct of a great working relationship at making relationship (slide 25)
			, they fail to take c
const (slide		without becoming	g or disrespectfu

31. A positive	relationship	with a	manager	can	help	propel	an	individual	into	а
	or a b	etter jol	b opportur	nity.	Rega	rdless o	f the	e		
behavior, er	nployees sho	uld work	hard to ren	nain _			aı	nd take inst	ructio	ns
and constru	ctive		from mana	agers	and su	ıpervisoı	rs. (s	lide 25)		

Principle Five: Job Keeping

32. Principle five requires	our customers to g	get along well with other $_$	•
Conflicts will arise; how	wever, employees wh	no are able to manage their _	
and work with others	in a	_ manner are more likely to	be successful in
the workplace. (slide 2	26)		

33. Our customers have to be prepared for what they will face on the job. Customers have to be ready for both positive and ______ experiences alike. Once again, the regional workforce board can offer customers an opportunity to connect with professionals and prepare for engaging others in the workplace in a _____ manner. (slide 26)



Ready For a Quiz?

1.	What are the five principles of helping customers keep the jobs?
2.	The five principles are designed to help the job seekers a job and a job (slid
	2).
3.	What is the first principle of Job Keeping Skills?
4.	When the individual is offered a job, what information should (s)he review?
5.	How does the individual know what to wear to work?
6.	What if the individual did not learn what to wear in the interview?
<i>₹.</i>	What is the most effective method for learning how long it will take to travel to work?
8.	What are some of the items the individuals should take to work the first day?
9.	The second principle requires individuals to be at work both and
10.	Príncíple three states that attitude is
11.	Even if our customers are having difficulty at work, principle three requires workforce
	staff to encourage job seekers to refrain from
12.	Principle four requires that employees get along with the boss. Customers have to work
	on creating a positive working relationship with managers by following
	and taking constructive
13.	The last principle requires that individuals are able to remain regardless of
	other staff members' behavior.

Job Keeping Skills: Lesson Two

7		
/	-	
1.	Welcome to lesson two in the Job Keeping Skills module. Career	
	means something different for each person. For example, one	4
	person may believe that means becoming a nurse, while	
	another may believe that means climbing the corporate	
	ladder until he or she reaches an executive position. Regardless of their goals,	
	there are principles that will help our customers advance in their careers. During	
	this lesson, we will discuss five of those principles which are designed to help job	
	seeker customers get as a and advance.	
	(slide 2)	
	Principle One: Job Advancing	
2.	The first principle should sound very familiar. After all, it is also a principle	ciple of
	starting and retaining a job. It also seems like a "no brainer," but the realit	
	many individuals lose their jobs because of excessive tardiness	•
	many maividuals lose them jobs because of excessive talumess	ullu/ Ul

absent	teeism.									
•	The first s	tep t	o adv	ancing is be	ing at 1	work ea	ch day s	o the mana	geme	nt
	structure	of	the	company			_ the	customer	as	a
			and		wc	rker. (sli	ide 3)			
•	This requir	es ou	ur cus	tomers to ge	t up an	d be at w	work			or
	early each	day.	. This	also requir	es our (custome	rs to be	<i>"</i>	" a	nd
		t	hroug	hout the w	orkday.	If cust	omers w	vant to be	seen	as
	reliable an	ıd de	penda	able, they wi	II need	to retur	n from a	all breaks, ir	ıcludi	ng
	lunch,		0	r on-time. (s	lide 3)					

3. Why is _____ at work so important? The _____ way to get a good job or _____ in a career is to be _____ and demonstrate reliability and dependability to employers. Sometimes, individuals who are working do not see their current jobs as a stepping stone to their career goals but rather roadblocks to moving forward. We have to help _____ their way of ____ and prepare customers to ____ their jobs once employed. (slide 4)







4.	Sometimes, we work with customers who lose the ability to go to work each day because their managers reduce the number of hours the customers are scheduled to work. This is often an indication of a If you, the workforce professional, are assisting a customer whose hours have been reduced or cut, work with the customer to identify areas and address those areas with a renewed opportunity to meet the needs of the employer. The reality is, the employer will schedule those who work and are (slide 6)
	Principle Two: Job Advancing
5.	A majority of individuals are terminated because they do not get along well with others. When individuals lose or lack, they fail to demonstrate
	and respect for those they work with. Customers who want to excel
	in the workplace will have to demonstrate they are, cool and
	regardless of the situation or behavior of colleagues. (slide 8)
6.	One method for helping customers implement principle number two is to teach
	workforce customers to "R-E-S-P-E-C-T" those with whom they work. (slide 9)
	• R = Those who want to advance hold their colleagues in high regard or hold
	their coworkers in "" (slide 9)
	• E = Job seekers should encourage their coworkers to share ideas and learn to
	take from coworkers in a
	manner. This does not mean that our workforce customers need to change
	to please everyone, this element simply means that workforce customers will
	hear what others have to say with the goal of growing as a team member.
	(slide 9)
	• S = Workforce customers must learn to praise so they are
	seen as players and not wanting all of the
	(slide 9)
	• P = Workforce customers must demonstrate they are keepers.
	Remember the rule, "If you cannot say anything nice, then do not say
	anything at all." (slide 9)

	• E = Customers who want to be seen as leaders will their
	 behaviors with a goal of becoming a better teammate. C= criticizing others does not actually lead to anything (slide 9)
	• T = Finally, workforce customers will also learn to others as they want to be (slide 9)
	In all, this simply demonstrates that workforce customers who want to grow into better jobs will learn to respect those they work "for" and work "with."
	Principle Three: Job Advancing
7.	Principle three requires our workforce customers to become thein their fields. (slide 10)
	This requires our customers to as much as they can about their jobs. It does not matter what the job is, the individual should
	as much as possible. The customers should become the who can answer the of others. (slide 10)
	 Subject matter experts are seen as workers beyond their current roles. They are also seen as leaders. Workforce customers should know the names of the people they work with, as well as be able to address those individuals in polite conversation when they see them. Workforce
	customers should know their colleagues needs with a goal of helping address those needs using that comes from doing their jobs well. (slide 10)
	Principle Four: Job Advancing
8.	Principle four requires workforce customers to There are two components associated with this principle. (slide 11)
	 First, our customers must be prepared to take classes and skills beyond what they know. This does not mean that all customers will have to go to college or get degrees to advance in their careers. Customers can learn skills for free on the Internet. Customers may have access to

	employers a to (slide 11)
	Component two requires our customers to take on that are
	bigger than their current position to show managers they are willing to get
	outside of their comfort zone and the (slide 11)
	Customers need to become the at their jobs and then learn
	jobs with a goal of growing beyond their positions. (slide 11)
	Principle Five: Job Advancing
9	Principle five requires customers to employed. Even customers who
	are tired of their jobs should work to maintain a attitude and look forward to the opportunity of gaining skills and on a
	daily basis. Sometimes jobs do not work out. Other times, individuals are simply ready for change or growth. This is normal. However, we must encourage our
	ready for change or growth. This is normal. However, we must encourage our
	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want
	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should
	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should employed while looking for work. Simply stated, "The easiest way to find a
	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should
	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should employed while looking for work. Simply stated, "The easiest way to find a
. What are	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should employed while looking for work. Simply stated, "The easiest way to find a or different job is to be" (slide 12)
	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should employed while looking for work. Simply stated, "The easiest way to find a or different job is to be" (slide 12) Are You Ready For a Quiz?
. The five 7	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should employed while looking for work. Simply stated, "The easiest way to find a or different job is to be" (slide 12) Are You Ready For a Quíz? E the five principles of job advancement?
The five pand	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should employed while looking for work. Simply stated, "The easiest way to find a or different job is to be" (slide 12) Are You Ready For a Quíz? ethe five princíples of job advancement? princíples of job advancement are designed to help job seekers get recognízed as
The five pand What is t	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should employed while looking for work. Simply stated, "The easiest way to find a or different job is to be" (slide 12) Are You Ready For a Quíz? Ethe five princíples of job advancement? Princíples of job advancement are designed to help job seekers get recognízed as in their careers.
The five 1 and What is t Why is "	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should employed while looking for work. Simply stated, "The easiest way to find a or different job is to be" (slide 12) Are You Ready For a Quíz? The five principles of job advancement? Principles of job advancement are designed to help job seekers get recognized as in their careers. The first principle of advancing in the job place? The first principle of advancing in the job place?
The five 7 and What is t . Why is " What is t	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should employed while looking for work. Simply stated, "The easiest way to find a or different job is to be" (slide 12) Are You Ready For a Quiz? The the five principles of job advancement? Principles of job advancement are designed to help job seekers get recognized as in their careers. The first principle of advancing in the job place? The first principle of advancing in the job place? The fastest way to secure a promotion?
The five pand and What is the why is " What is the whole who	ready for change or growth. This is normal. However, we must encourage our customers to stay on the job until a job is secured. We do not want our customers to walk away from employment. Our customers should employed while looking for work. Simply stated, "The easiest way to find a or different job is to be" (slide 12) Are You Ready For a Quíz? The five principles of job advancement? Principles of job advancement are designed to help job seekers get recognized as in their careers. The first principle of advancing in the job place? The first principle of advancing in the job place?